# **Emergency Department Triage**

#### June 9, 2020

#### Presented by Dr. Jennifer Bryan Moderated by Dr. Dominick Shelton

Special thank you to University Health Network **Emergency Department nurses Andrea Adjmul** and Ruth Appiah-Boateng



## This session will be recorded

We are recording this Zoom session so that it can be watched again at your convenience, and so that we can share it with your colleagues who were not able to join us today.

If you would prefer that this recording **<u>not</u>** be shared with your EM colleagues, please email <u>amcknight@ghem.ca</u> within 24 hours of the session.

We will share the presentation slides and other materials (journal articles, etc.) by email; you will have access to all materials regardless of whether the recording is shared.



The information in this presentation and the video recording is up to date as of the date it was recorded <u>June 9, 2020</u>

It has not been updated to include any subsequent advances in practice, and the information presented in this video does not replace hospital, health centre, or governmental guidelines.



#### **Disclosure Statement**

I have not received any financial or in-kind support from any commercial organization and have no conflicts of interest to declare.



"Many deaths in hospital occur within 24 hours of admission. Some of these deaths can be prevented if very sick patients (especially children) are **quickly identified** on their arrival and **treatment is started without delay**."

-EMSSA South African Triage Scale Manual, 2012



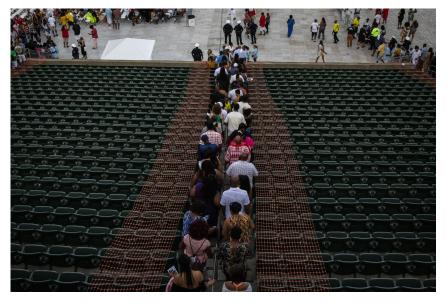
## Outline

- What is triage
- Why is triage important
- What are the core principles of triage
- What triage strategies are in place around the world (CTAS, SATS, ESI)
- Triage controversies



#### What is triage? Why does it matter?







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### What is Triage?

- A process of prioritizing patients based on the severity of their condition.
- Rapidly assess patients with urgent, life-threatening conditions
- Focusing limited resources effectively



#### Reasons for triage

Ensures critically ill receive priority attention Predicts resources needed Predicts how long the patient can safely wait Supports effective use of resources Supports surveillance Targets for tracking ED performance

'Not all patients are as well as they appear; not all patients are as sick as they think'

-CAEP Canadian Triage and Acuity Scale Education Manual, 2012

#### Routes of entry to triage

- Telephone
- Pre-hospital
- Emergency Department
- Disaster triage



# Triage requirements

Structural Requirements					
	Does the triage area meet the following criteria:	Yes	No		
1	Is the triage area a dedicated space?				
2	Is the triage area well signed?				
3	Is the triage area secure (i.e. behind the security gate, or in easy view of security staff)?				
4	Is the triage area at least 10 square meters in size (i.e. should be able to accommodate a nurse, patient in a wheelchair and relative or carer)?				

Appendix A: https://emssa.org.za/wp-content/uploads/2017/10/SATS-Manual.pdf



Content Requirements		
Does the triage area contain the following:	Yes	No
A desk and chair?		
2 Triage paperwork for adult, children and infants?		
A wall clock with a second hand?		
A stethoscope?		
A low reading thermometer?		
5 Dry dressings and bandages?		
7 Gloves?		
3 Sphygmomanometer (manual, digital or electronic)?		
Blood glucose monitor?		
A measuring tape <b>OR</b> marks displayed on wall in triage area to measure children (i.e one mark at 95cm and one at 150 cm)?		
2 x different SATS posters prominently displayed in triage area?		
2 SATS manual readily available for triage office as a source of info?		
3 SATS patient info leaflet prominently displayed in the waiting area?		
4 Triage register or computer with register?		
White board to track and communicate to other staff acuity of those triaged?		
Appendix A: https://emssa.org.za/wp-content/uploads/2017/10/SATS-N	Manual.pd	f

# Triage systems

- CTAS: Canadian Triage Assessment Scale
- ESI: Emergency Severity Index
- SATS: South African Triage Scale
- ETAT: Emergency Triage Assessment and Treatment
- IMAI: WHO Integrated Management of Adult/Adolescent Illness
- Australasian Triage Scale
- Manchester Triage Scale



## Triage systems

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# **Triage: The Canadian Experience**

- Canadian Triage and Acuity Scale (CTAS)
- First published in 1998
- Adult and pediatric
- Goal is to optimize time to MD assessment
- Triage is by nurses in the ED and pre-hospital triage by paramedics



### How does CTAS work?



Level 2 - Emergent

Level 3 - Urgent

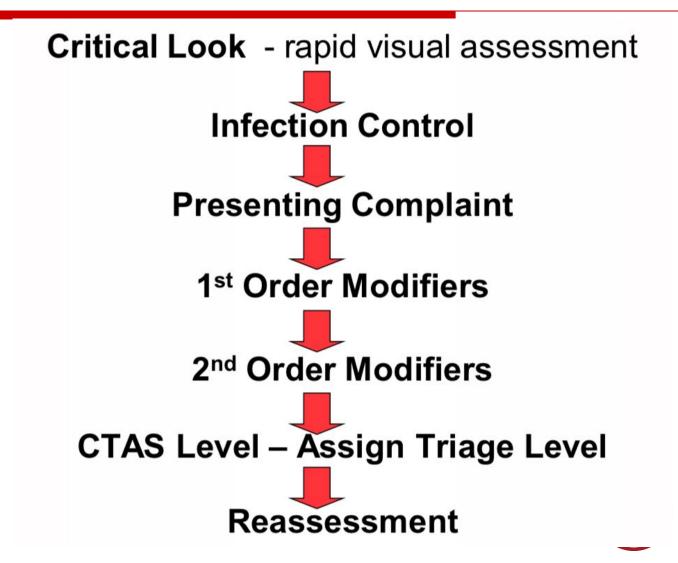
Level 4 - Less Urgent

Level 5 - Non-Urgent



CTAS Level	Conditions:	Time to MD	Example
Level 1	<b>Resuscitation</b> : Threats to life or limb (requires immediate aggressive intervention)	Immediate	Code arrest Shock states Major trauma
Level 2	<b>Emergent:</b> Potential threat to life , limb or function, requiring rapid intervention	<15 minutes	Altered mental status Head injury
Level 3	<b>Urgent:</b> Potential progress to serious problem	<30 minutes	Moderate asthma Seizure (known)
Level 4	Semi-urgent: stable but require assessment	1-2 hours	Fractures, sprains, lacerations
Level 5	<b>Non-urgent</b> : minor or chronic problems, unlikely to deteriorate	>2 hours	Minor lacerations (not requiring closure) Sprains Vomiting, no dehydration
	s the goal, but not lity except for CTAS1		Global Health Emergency Medic

#### **Triage assessment includes**



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#### **Critical look**

- 3-5 seconds
- ABCDs
- Immediate action if indicated



## Level 1 presentations

- Cardiac arrest
- Respiratory arrest
- Major trauma (in shock)
- Shortness of breath (severe respiratory distress)
- Altered level of consciousness (unconscious, GCS 3-9)



#### Infection control screening

General COVID-19



#### Chief complaint

Substance Misuse (Subst)	ENT – Nose	Cardiovascular	Genitourinary (Gu)	Skin (Skin)
Substance misuse / Intoxication	Epistaxis	Cardiac arrest (non traumatic)	Flank pain	Bite
Overdose ingestion	Nasal congestion / Hay fever	Cardiac arrest (traumatic)	Hematuria	Sting
Substance withdrawal	Foreign body, nose	Chest pain (cardiac features)	Genital discharge / lesion	Abrasion
	URTI complaints	Chest pain (non cardiac features)	Penile swelling	Laceration / Puncture
	Nasal trauma	Palpitations / Irregular heart beat	Scrotal pain and/or swelling	Burn
lental health & psychosocial		Hypertension	Urinary retention	Blood and body fluid exposure
epression / Suicidal / Deliberate self harm		General weakness	UTI complaints	Pruritus
Anxiety / Situational crisis	The second se	Syncope / Pre-syncope	Oliguria	Rash
Hallucinations / Delusions	ENT – Ears	Edema, generalized	Polyuria	Localized swelling / redness
nsomnia	Earache	Bilateral leg swelling / Edema	Genital trauma	Wound check
/iolent / Homicidal behaviour	Foreign body ear	Cool pulseless limb		Other skin conditions
Social problem	Loss of hearing	Unilateral reddened hot limb		Lumps, bumps, calluses
Bizarre behaviour	Tinnitus		Orthopedic (Ortho)	Redness / tenderness, breast
Concern for patient's welfare	Discharge, ear	Gastrointestinal (GI)	Back pain	Rule out infestation
Paediatric Disruptive behaviour	Ear injury	Abdominal pain	Traumatic back / spine injury	Cvanosis
		Anorexia	- Amputation	Spontaneous bruising
TRANSPORT DESCRIPTION OF TRANSPORT	and the second se	Constipation	Upper extremity pain	Foreign body, skin
leurologic (Cns)	ENT - Mouth, Throat, Neck	Diamhea		Removal staples / sutures
Ntered level of consciousness	Dental / Gum problems	Foreign body in rectum	Lower extremity pain	
Confusion	Facial trauma	Groin pain / mass	Upper extremity injury	-
/ertigo	Sore throat	Vomiting and/or nausea	Lower extremity injury	-
Headache	Neck swelling / pain	Rectal / Perineal pain	Joint(s) swelling	-
Seizure	Neck trauma	Vomiting blood	Paediatric gait disorder / painful walk	-
Sait disturbance / Ataxia	Difficulty swallowing / Dysphagia	Blood in stool / Melena	Cast check	
Head injury	Facial pain (non-traumatic / non-dental)	Jaundice		General & Minor (Gen)
Fremor	racial part (non-italiana riton-dental)	Hiccoughs	Trauma (T)	- Contraction and Contraction and Contraction
Extremity weakness / Symptoms of CVA		Abdominal mass / distention	And the second se	Exposure to communicable disease
Sensory loss / Parasthesias		Anal / Rectal trauma	Major trauma – penetrating	Fever
loppy child	4	Oral / Esophageal Foreign Body	Major trauma – blunt	Hyperglycemia
		Feeding difficulties in newborn	<ul> <li>Isolated chest trauma – penetrating</li> </ul>	Hypoglycemia
On het all and a second second second		Neonatal jaundice	Isolated chest trauma – blunt	Direct referral for consultation
Ophthalmology (Ophth) Chemical exposure, eye	Respiratory (Resp)		Isolated abdominal trauma – penetrating	Dressing change
	Shortness of breath	Ob - Gyn (Ob - Gyn)	Isolated abdominal trauma - blunt	Imaging tests
Foreign body, eye	Respiratory arrest	Menstrual problems		Medical device problem
/isual disturbance	Cough / Congestion	Foreign body, vagina		Prescription / Medication request
Eye pain	Hyperventilation	Vaginal discharge	ENVIRONMENTAL	Ring removal
Red Eye, discharge	Hemoptysis	Sexual assault	Frostbite / Cold injury	Abnormal lab values
Photophobia	Respiratory foreign body	Vaginal bleed	Noxious inhalation	Pallor / Anemia
Diplopia	Allergic reaction	Labial swelling	Electrical injury	Post-operative complications
Periorbital swelling	Stridor	Pregnancy issues < 20 wks	Chemical exposure	Inconsolable crying in infants
Eye trauma	Wheezing – no other complaints	Pregnancy issues > 20 wks	Hypothermia	Congenital problem in children
Re-check eye	Apneic spells in infants	Vaginal pain / itch	Near Drowning	Minor complaints NOS

#### Modifiers

- Vital Signs
  - Respiratory Distress
     .....Airway

.....Breathing

- Hemodynamic Status .....Circulation
- Level of Consciousness ......Disability
- Temperature
- Other
  - Pain Score, Bleeding Disorder, Mechanism of Injury

https://caep.ca/wp-content/uploads/2017/06/module\_2\_slides\_v2.5b\_2013.pdf

# Triage is a dynamic process

#### Reassessment after initial triage:

CTAS LEVEL	Nursing reassessment
Level 1	Continuous
Level 2	Every 15 minutes
Level 3	Every 60 minutes
Level 4	Every 60 minutes
Level 5	Every 160 minutes



## CTAS 2 example

52-year old male

Reported a 1 hour history of heavy, central substernal chest pain, which has now resolved

Vital signs: RR 20, HR 68, BP 132/76

https://caep.ca/wp-content/uploads/2017/06/module\_2\_slides\_v2.5b\_2013.pdf



## Triage systems

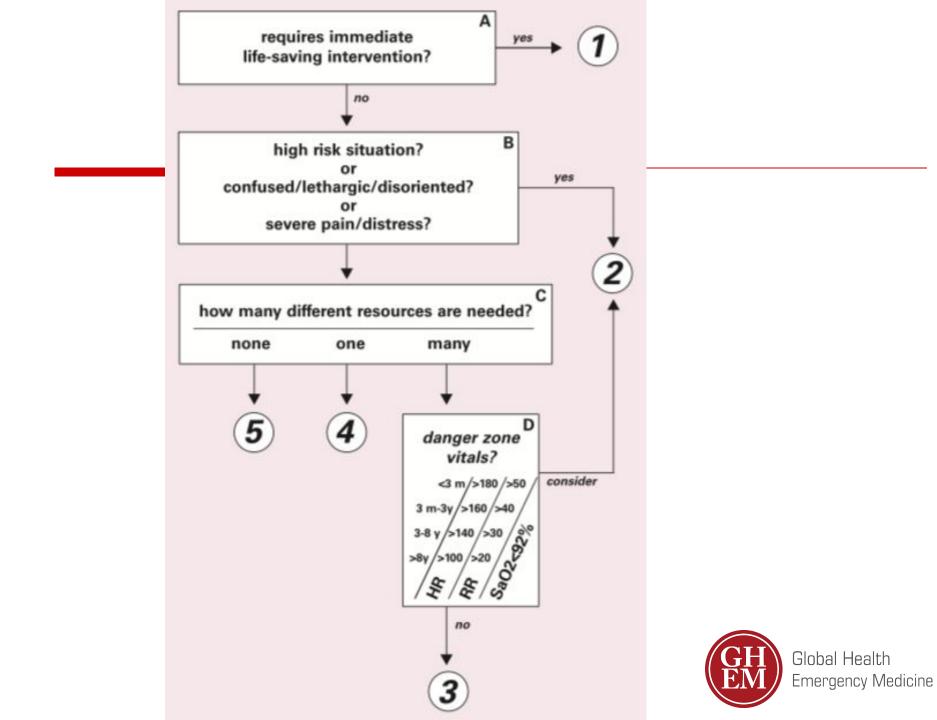
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## **Emergency Severity Index**

#### What resources are needed for disposition? No expected time intervals



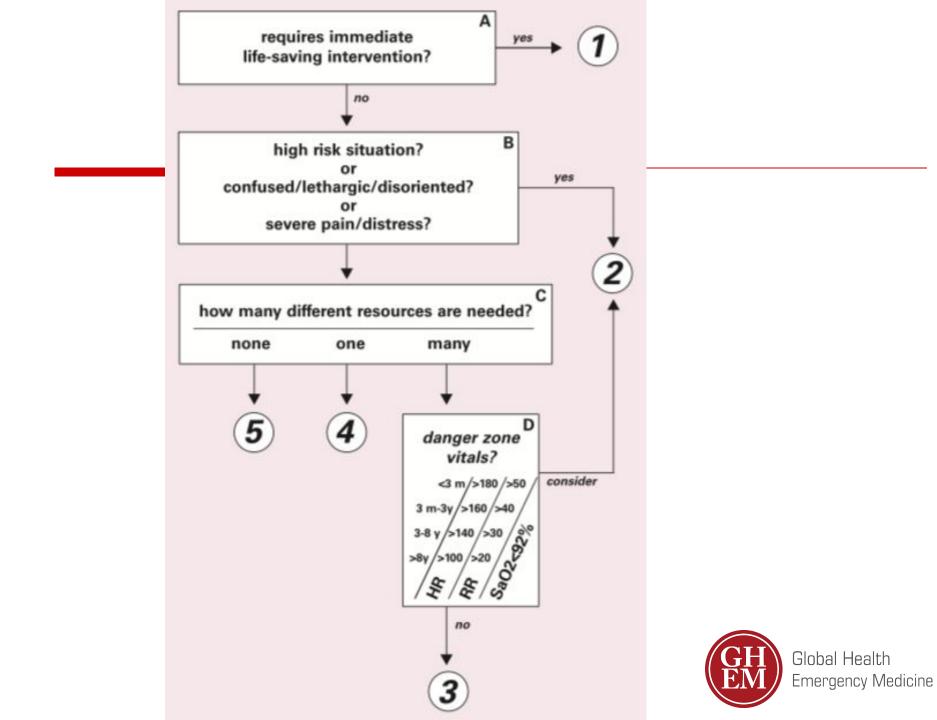


#### Table 2-1. Immediate Life-saving Interventions

#### Life-saving

Airway/breathing	<ul> <li>BVM ventilation</li> </ul>	
	<ul> <li>Intubation</li> </ul>	-
	<ul> <li>Surgical airway</li> </ul>	
	Emergent CPAP	
	• Emergent BiPAP	
Electrical Therapy	Defibrillation	
	<ul> <li>Emergent cardioversion</li> </ul>	
	<ul> <li>External pacing</li> </ul>	
Procedures	<ul> <li>Chest needle decompression</li> </ul>	
	Pericardiocentesis	
	<ul> <li>Open thoracotomy</li> </ul>	
	<ul> <li>Intraoseous access</li> </ul>	
Hemodynamics	<ul> <li>Significant IV fluid resuscitation</li> </ul>	
	<ul> <li>Blood administration</li> </ul>	
	<ul> <li>Control of major bleeding</li> </ul>	
Medications	Naloxone	
	• D50	
	Dopamine	G
	Atropine	E
	<ul> <li>Adenocard</li> </ul>	

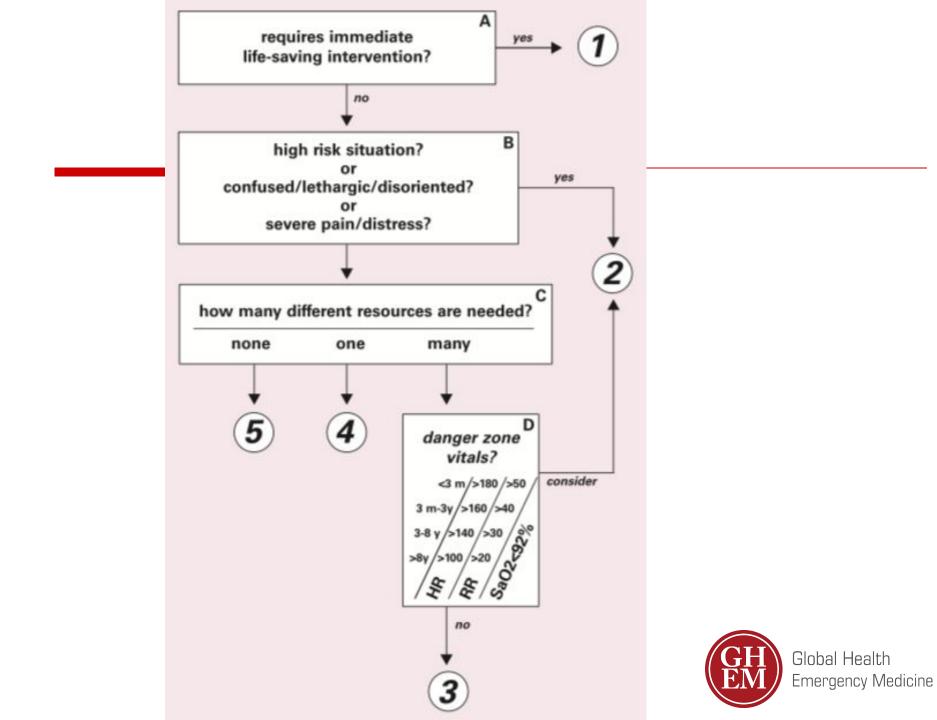
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# ESI

Resources	Not Resources
<ul> <li>Labs (blood, urine)</li> <li>ECG, X-rays</li> <li>CT-MRI-ultrasound-angiography</li> </ul>	<ul> <li>History &amp; physical (including pelvic)</li> <li>Point-of-care testing</li> </ul>
IV fluids (hydration)	Saline or heplock
<ul> <li>IV or IM or nebulized medications</li> </ul>	<ul> <li>PO medications</li> <li>Tetanus immunization</li> <li>Prescription refills</li> </ul>
Specialty consultation	Phone call to PCP
<ul> <li>Simple procedure =1 (lac repair, foley cath)</li> <li>Complex procedure =2 (conscious sedation)</li> </ul>	<ul> <li>Simple wound care (dressings, recheck)</li> <li>Crutches, splints, slings</li> </ul>





#### ESI level?

21y M, unrestrained driver

Moaning, moving all extremities

BP 74/50, HR 132, RR 36, SPO2 99%, T 36.5℃



### ESI level 1

21y M, unrestrained driver

Moaning, moving all extremities moving all extremities BP 74/50, HR 132, RR 36, SPO2 99%, T 36.5 °C

#### Requires immediate lifesaving intervention. Shock (hypotension, tachycardia, tachypnea) and concerning mechanism; needs fluid/

blood for resuscitation



" a triage scale developed in one country or region may not be applicable elsewhere"

-Abdelwahab, Rehab, Hannah Yang, and Hareya Gebremedhin Teka. "A quality improvement study of the emergency centre triage in a tertiary teaching hospital in northern Ethiopia." *African Journal of Emergency Medicine* 7.4 (2017): 160-166.





#### ETHIOPIAN HOSPITAL REFORM IMPLEMENTATION GUIDELINES

Volume 1, May 2010







Ethiopian Hospital Management Initiative



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### South African Triage Scale

Colour		Orange	Yellow	Green	Blue
TEWS		5 - 6	3 - 4	0 - 2	Dead
Target time to treat		Less than 10 min	Less than 60 min	Less than 240 min	
Mechanism of injury		High energy transfer			
		Shortness of breath – acute			
		Coughing blood			
		Chest pain			
		Haemorrhage -	Haemorrhage –		
		uncontrolled	controlled	S	
		Seizure – post ictal			
		Focal neurology – acute			
		Level of consciousness reduced			
		Psychosis/aggression			
		Threatened limb			
Presentation		Dislocation - other joint	Dislocation - finger		
			or toe	All	
		Fracture – compound	Fracture – closed	other	Dead
	Burn - face/	Burn over 20%		patients	
<sup>2</sup> resentation		Burn – electrical	Burn – other		
		Burn – circumferential			
		Burn – chemical			
		Poisoning/overdose	Abdominal pain		
		Diabetic – glucose over 11	Diabetic - glucose over 17		
		& ketonuria	(no ketonuria)		
		Vomiting – fresh blood	Vomiting – persistent		
		Pregnancy and abdominal	Pregnancy and trauma		
		trauma or pain	Pregnancy and PV bleed		
Pain		Severe	Moderate	Mild	1.



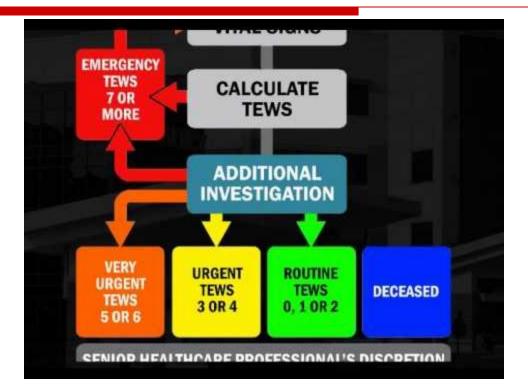
### The five step approach

Step 1:	Look for emer	ency signs and ask for the	presenting complaint
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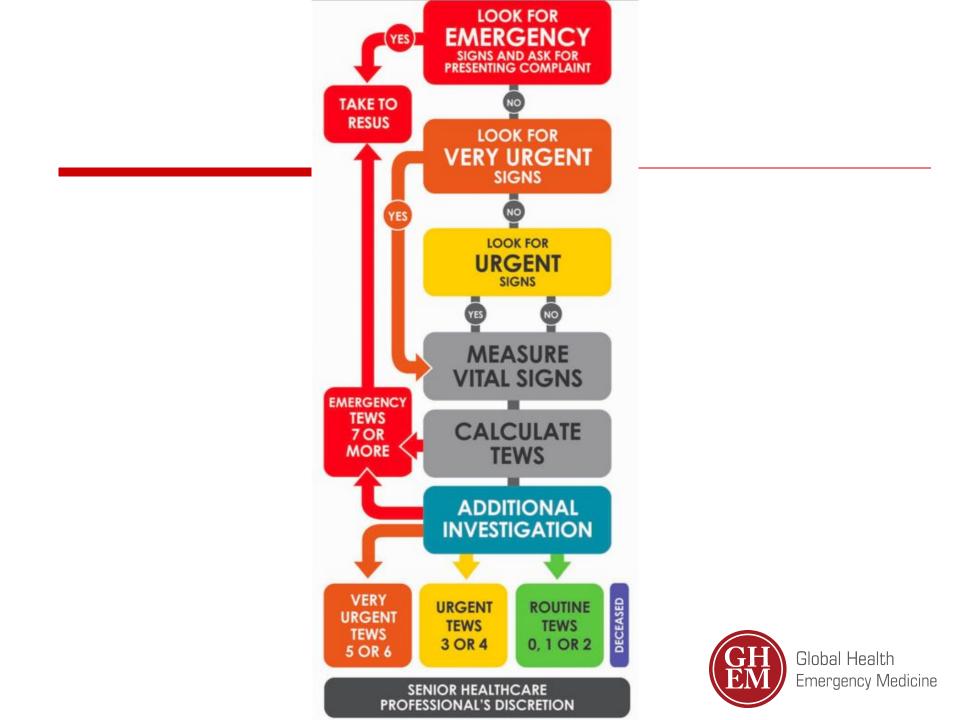
- Step 2: Look for very urgent OR urgent signs
- Step 3: Measure the vital signs and calculate the TEWS
- Step 4: Check key additional investigations
- Step 5: Assign final triage priority level



### South African Triage Scale







### EMERGENCY

Obstructed Airway - not breathing Seizure- current Burn - facial / inhalation Hypoglycaemia - glucose less than 3 Cardiac arrest

### VERY URGENT

High energy transfer (severe mechanism of injury) Shortness of beath - acute Level of consciousness reduced / confused Coughing blood Chest pain Stabbed neck Haemorrhage - uncontrolled (arterial bleed) Seizure-postictal Focal neurology - acute (stroke) Aggression Threatened limb Eye Injury Dislocation of larger joint (not finger or toe) Fracture - compound (with a break in skin) Burn over 20% Burn - electrical Burn - circumferential Burn - chemical Poisoning / Overdose Diabetic - alucose over 11 & ketonuria Vomiting fresh blood Pregnancy and abdominal trauma Pregnancy and abdominal pain Severe pain

### URGENT

Haemorrhage - controlled Dislocation of finger OR toe Fracture - closed (no break in skin) Burn - other Abdominal pain Diabetic- glucose over 17 (no ketonuria)

> Vomiting persistently Pregnancy and trauma Pregnancy and PV bleed Moderate pain



## **Triage Early Warning Score**

	ADULT TRIAGE SCORE © South African Triage G										
	3	2	1	0	1	2	3				
Mobility				Walking	With Help	Stretcher/ Immobile		Mobility			
RR		less than 9		9-14	15-20	21-29	more than 29	RR			
HR		less than 41	41-50	51-100	101-110	111-129	more than 129	HR			
SBP	less than 71	71-80	81-100	101-199		more than 199		SBP			
Temp		Cold OR Under 35		35-38.4		Hot OR Over 38.4		Temp			
AVPU		Confused		Alert	Reacts to <u>V</u> oice	Reacts to <u>P</u> ain	<u>U</u> nresponsive	AVPU			
Trauma				No	Yes			Trauma			
	over 12 years / taller than 150cm										



## Additional investigations

Tachypnea: O2 saturation Reduced LOC, change in mobility, recent seizure, hx of diabetes: random glucose Abdominal pain in female patient: pregnancy test

Chest pain: ECG



### Additional tasks

PROBLEM	IMMEDIATE TASKS
1. Temperature 38.5° or more	Paracetamol 1 g orally stat (document in the notes)
2. Temperature 35° or less	Warm the patient with blankets if available
<ol> <li>Diabetes and hyperglycaemia (glucotest 11 mmol/L or more)</li> </ol>	Urine dipstick to check for ketones
4. History of bleeding	Finger prick haemoglobin
5. Bleeding PR, PO or from the site of trauma	Finger prick haemoglobin
6. Abdominal pain or backache in males	Urine dipsticks
7. PV bleeding	Urine dipsticks, Urine preganancy test Finger prick haemoglobin



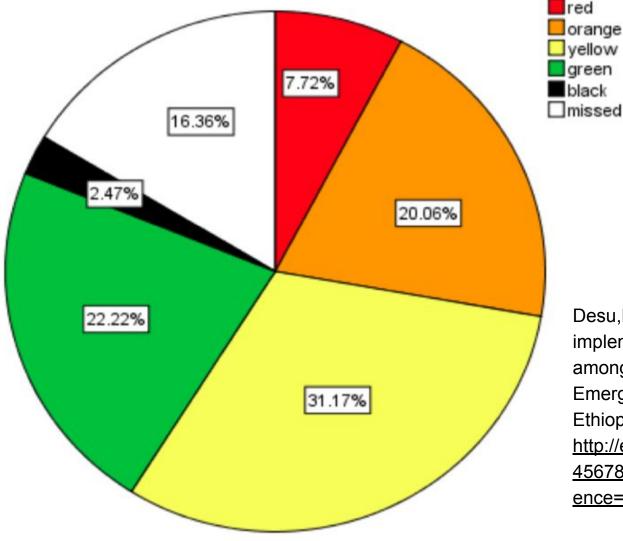
## South African Triage Scale

Colour	RED	ORANGE	YELLOW	GREEN	BLUE	
TEWS	7 or more	5-6	3-4	0-2	DEAD	
larget time to treat	Immediate	less than 10 mins	less than 60 mins	less than 240 mins		
Mechanism of injury		High energy transfer				
		Shortness of breath - acute				
		Coughing blood				
		Chest pain				
		Haemorrhage - uncontrolled	Haemorrhage - controlled			
	Seizure - current	Seizure - post ictal				
		Focal neurology - acute				
		Level of consciousness				
		reduced				
		Psychosis / Aggression				
		Threatened limb				
		Dislocation - other joint	Dislocation - finger or toe	ALL	DEAD	
Presentation		Fracture -	Fracture -	OTHER PATIENTS		
		compound	closed	PATIENTS	DEAD	
		Burn over 20% Burn - electrical				
resentation	Burn – face / inhalation	Burn - electrical	Burn - other			
	race / innalation	circumferential				
		Burn - chemical				GI
		Poisoning / Overdose	Abdominal pain			
	Hypoglycaemia - glucose less than 3	Diabetic - glucose over 11	Diabetic - glucose over 17			
	glucose less than 3	& ketonuria	(no ketonuria)			
		Vomiting - fresh blood	Vomiting - persistent			
		Pregnancy & abdominal trauma	Pregnancy & trauma			
		or pain	Pregnancy & PV bleed			
Pain		Severe	Moderate	Mild		
	Seni	or Healthcare Pro	fessional's Discre	tion		

Priority COLOUR	Targettime	Management
RED	IMMEDIATE	Take to the resuscitation room for <b>emergency</b> management
ORANGE	< 10 mins	Refer to majors for very urgent management
YELLOW	< 1 hour	Refer to majors for <b>urgent</b> management
GREEN	< 4 hours	Refer to designated area for non-urgent cases
BLUE	< 2 hours	Refer to doctor for certification



## **Triage at TASH March-April 2019**



Desu, Birhanu. Assessing triage implementation and factors affecting it among patients visited TASH Adult Emergency Department, Addis Ababa, Ethiopia. Residency thesis. June 2019. http://etd.aau.edu.et/bitstream/handle/123 456789/21234/Birhanu%20Desu.pdf?sequ ence=1&isAllowed=y

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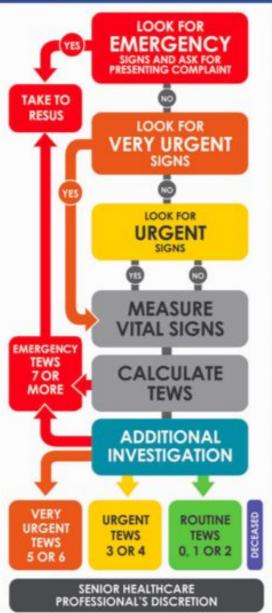
## What is your emergency?

- 50y F
- 1h severe chest pain
- Radiates to her left shoulder





### Adult SATS Chart



3	
I A A A A A A A A A A A A A A A A A A A	
EMERGENCY	
Not Swepting	
Bun - facial / intelation Hapoglaciaentis - gluccae lesi than 3	

Haboglucaemia - gluccae les than 3 Candiac servel Obstructed Alwice - Rot Seastifying MEDV 1100115117

### VERY URGENT

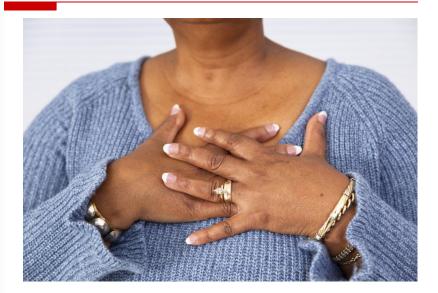
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### URGENT

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### ADULT TEWS

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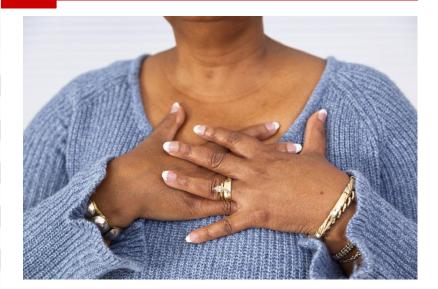


### EMERGENCY

Not breathing Seizure- current Burn - facial / inhalation Hypoglycaemia - glucose less than 3 Cardiac arrest Obstructed Airway - Not breathing

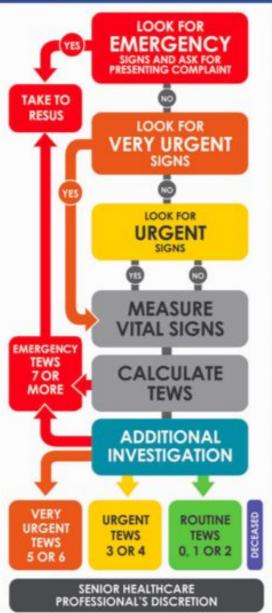
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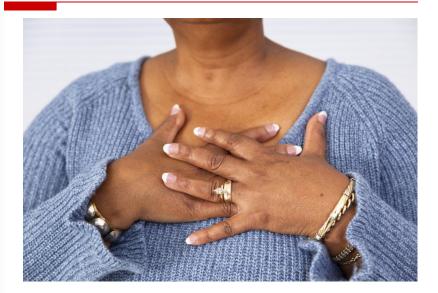
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### URGENT

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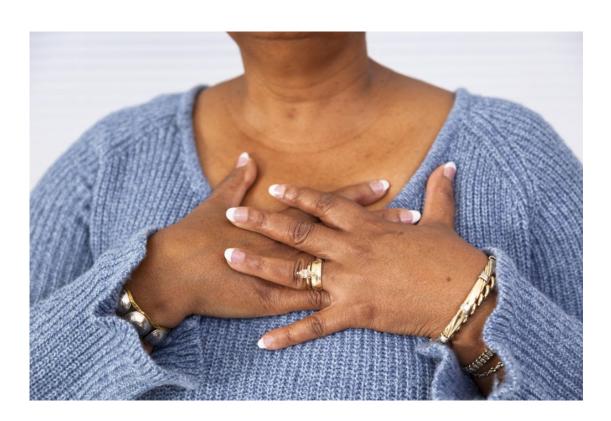
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- RR16
- HR 105
- BP145/90 mmHg
- T 36.2°C
- AVPU: Alert





### Triage Early Warning Score=?

	th African Triage	Group 2008																
	3	2	1	0	1	2	3											
Mobility				Walking	With Help	Stretcher/ Immobile		Mobility										
RR		less than 9		9-14	15-20	21-29	more than 29	RR										
HR		less than 41	41-50	51-100	101-110	111-129	more than 129	HR										
SBP	less than 71	71-80	81-100	101-199		more than 199		SBP										
Temp		Cold OR Under 35		35-38.4		Hot OR Over 38.4		Temp										
AVPU		Confused		Alert	Reacts to <u>V</u> oice	Reacts to <u>P</u> ain	<u>U</u> nresponsive	AVPU										
Trauma				No	Yes			Trauma										
			over 12	years / taller	than 150cm			over 12 years / taller than 150cm										

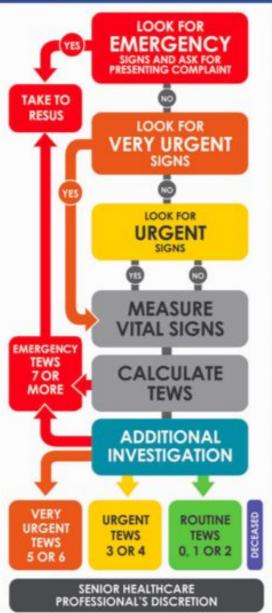
RR16, HR 105, BP145/90 mmHg, T 36.2°C, AVPU: Alert

### Triage Early Warning Score=2

	ADULT TRIAGE SCORE © South African Triage Group 200											
	3	2	1	0	1	2	3					
Mobility				Walking	With Help	Stretcher/ Immobile		Mobility				
RR		less than 9		9-14	15-20	21-29	more than 29	RR				
HR		less than 41	41-50	51-100	101-110	111-129	more than 129	HR				
SBP	less than 71	71-80	81-100	101-199		more than 199		SBP				
Temp		Cold OR Under 35		35-38.4		Hot OR Over 38.4		Temp				
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Trauma				No	Yes			Trauma				
		over 12 years / taller than 150cm										

RR16, HR 105, BP145/90 mmHg, T 36.2°C, AVPU: Alert

### Adult SATS Chart



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### VERY URGENT

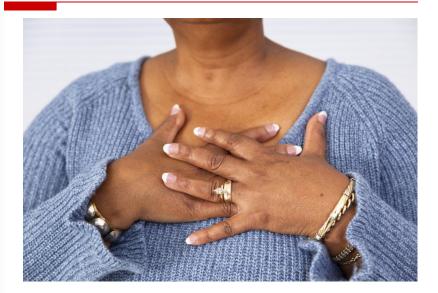
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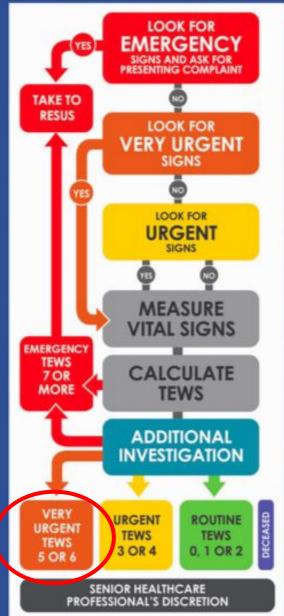
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### Adult SATS Chart





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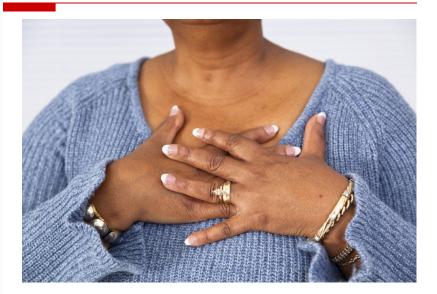
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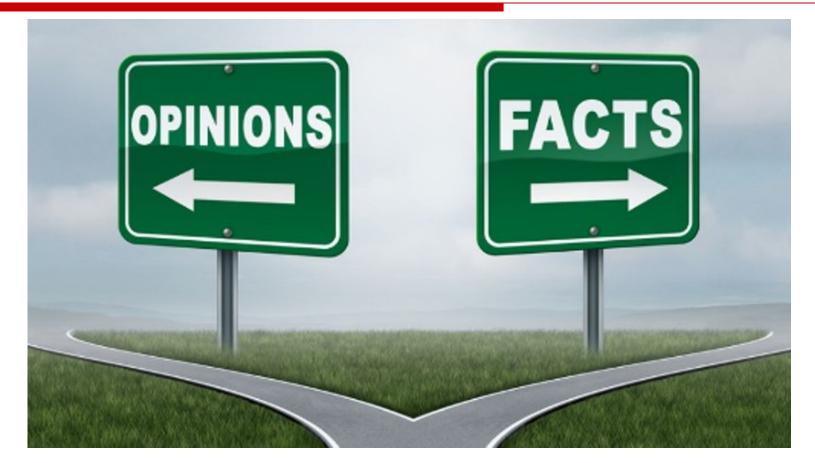




### Questions so far?



### Triage controversies





## Limitations of triage

Access block Subjectivity (uptriage, downtriage) Undertriage of special populations





VOTE NOW: The **#CJEMDebate** for Sept is **#Triage** - do you support formal triage or a quick sorting system? @Andrusiek proposes that triage should be simple, to "put them in the right place" **#MichaelBullard** responds that systems such as **#CTAS** are valuable cambridge.org/core/journals/...

Simple "sorting"	59.4%
Systematic assessment	40.6%
32 votes · Final results	
:38 PM · Sep 14, 2018 · Twitter Web Client	
	<b>Emergency Medi</b>

### What do the data tell us?

- Successful completion of triage tool
- Interrater reliability
- Prediction of patient outcome



## Over and undertriage

American College of Surgeons:

- Overtriage 25-35%
- Undertriage 5% or less



## Over and undertriage

SATS in Ghana, 5.4% undertriaged, 0.3% overtriaged one year after implementation

Rominski S, et al. The implementation of the South African Triage Score (SATS) in an urban teaching hospital, Ghana. Afr J Emerg Med. 2014, Jun;4(2):71–5.

https://www.sciencedirect.com/science/article/pii/S2211419X14000020



## Over and undertriage

- Ayder, three years after SATS implementation
- 42.1% had triage form completed
- Incorrect completion of all triage forms and high rates of over and undertriage

Abdelwahab R, Yang H, Teka HG. A quality improvement study of the emergency centre triage in a tertiary teaching hospital in northern Ethiopia. Afr J Emerg Med. 2017

Dec;7(4):160–6.<u>https://www.sciencedirect.com/science/article</u>

<u>/pii/S2211419X16302099</u>



### Over and undertriage at TASH



### Over and undertriage at TASH

- 263 patients
- 115 (43.7%) were incorrectly triaged
- 29 (11%) were over triaged while 86 (32%) were under triaged
- Without a calculated TEWS more likely to overtriage

Desu,Birhanu. Assessing triage implementation and factors affecting it among patients visited Tikur Anbessa Specialized Hospital Adult Emergency Department, Addis Ababa, Ethiopia. Resident thesis. June 2019.

http://etd.aau.edu.et/bitstream/handle/123456789/21234/Birhanu%20Desu.pdf?s equence=1&isAllowed=y

### Interrater reliability

### Kappa 0.50-0.61 interrater agreement on SATS

Dalwai, Mohammed, et al. "Inter-rater and intrarater reliability of the South African Triage Scale in low-resource settings of Haiti and Afghanistan." *Emergency Medicine Journal* 35.6 (2018): 379-383.

https://emj.bmj.com/content/35/6/379?rss=1&hootPostID=5e9e6ea67e18ff7d 929a4a70761ccf2b&itm\_content=consumer&itm\_medium=cpc&itm\_source=t rendmd&itm\_term=0-A&itm\_campaign=emj



## Training and triage

Increased triage skill level associated with knowledge about triage, education level, and training experience.

Kerie, Sitotaw, Ayele Tilahun, and Alemnesh Mandesh. "Triage skill and associated factors among emergency nurses in Addis Ababa, Ethiopia 2017: a cross-sectional study." *BMC research notes* 11.1 (2018): 658.<u>https://bmcresnotes.biomedcentral.com/articles/10.1186/s13104-018-3769-8</u>



### Prediction of patient outcome

SATS had a sensitivity of 92.2% and specificity of 37.7% for predicting admission, death, or discharge

Wangara, Ali A., et al. "Implementation and performance of the south african triage scale at kenyatta national hospital in nairobi, kenya." *International Journal of Emergency Medicine,* 12.1 (2019): 5. <u>https://link.springer.com/article/10.1186/s12245-019-0221-3</u>



### Prediction of patient outcome

- Predicted an increase in the likelihood of mortality and hospitalisation across incremental acuity levels
- ED outcomes for 'green' and 'red' patients matched the predicted ED outcomes in 84%–99% of cases

Dalwai, Mohammed, et al. "Is the South African Triage Scale valid for use in Afghanistan, Haiti and Sierra Leone?." *BMJ global health* 2.2 (2017): e000160.https://gh.bmj.com/content/bmjgh/2/2/e000160.full.pdf



## ED crowding and wait times

- Waiting times were significantly reduced in all but the lowest priority category
- Patients triaged "red" (highest priority)
   demonstrated a mean reduction in waiting time
   from 216 min to 38 min

Bruijns, S. R., L. A. Wallis, and V. C. Burch. "Effect of introduction of nurse triage on waiting times in a South African emergency department." *Emergency Medicine Journal* 25.7 (2008): 395-397.



## ED crowding and wait times

Conflicting evidence about whether triage systems that only prioritize patients, without providing any treatment, improve overall patient flow

Harding, Katherine E., Nicholas F. Taylor, and Sandra G. Leggat. "Do triage systems in healthcare improve patient flow? A systematic review of the literature." *Australian Health Review* 35.3 (2011):

371-383.https://www.ncbi.nlm.nih.gov/books/NBK82718/



### Improving triage effectiveness

- Consistent medical record-keeping
- Clinically experienced trieurs
- Training program and skill upkeep



## Future of triage

- increased interventions at triage
- e-triage
- triage liaison physicians
- advances in triage of special populations
- team triage
- triage simplification



### Questions or comments?



## Summary

- Purpose of triage in the ED
- A process of prioritizing patients based on the severity of their condition.
- Rapidly assess patients with urgent, life-threatening conditions
- Rationing patient treatment efficiently when resources are insufficient for all to be treated immediately.



# Thank you!



### References

Iserson, Kenneth V., and John C. Moskop. "Triage in medicine, part I: concept, history, and types." *Annals of emergency medicine* 49.3 (2007): 275-281.

https://www.researchgate.net/profile/Kenneth\_Iserson/publication/262637907\_Triage\_Ethics-Part\_1/links/0f3175384 caa07fc8a000000.pdf

Robertson-Steel, Iain. "Evolution of triage systems." *Emergency Medicine Journal* 23.2 (2006): 154-155. <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2564046/pdf/154.pdf</u>

Abdelwahab, Rehab, Hannah Yang, and Hareya Gebremedhin Teka. "A quality improvement study of the emergency centre triage in a tertiary teaching hospital in northern Ethiopia." *African Journal of Emergency Medicine* 7.4 (2017): 160-166. <u>https://www.sciencedirect.com/science/article/pii/S2211419X16302099#b0005</u>

Rominski, Sarah, et al. "The implementation of the South African Triage Score (SATS) in an urban teaching hospital, Ghana." *African journal of emergency medicine* 4.2 (2014): 71-75.

https://www.sciencedirect.com/science/article/pii/S2211419X14000020

Wallis, L. A., et al. "The cape triage score-a triage system for South Africa." *South African Medical Journal* 96.1 (2006): 53-56.

https://journals.co.za/docserver/fulltext/m\_samj/96/1/m\_samj\_v96\_n1\_a17.pdf?expires=1591309678&id=id&accna me=guest&checksum=1F94B67A7153C05A3BCFBB4FB8BC07F1

Bullard, Michael J., et al. "Revisions to the Canadian emergency department triage and acuity scale (CTAS) guidelines 2016." *Canadian Journal of Emergency Medicine* 19.S2 (2017): S18-S27. <u>https://pdfs.semanticscholar.org/3fb1/ad39efe0ae67b38a540eae44ca73ff50cdbe.pdf</u>

Zachariasse, Joany M., et al. "Performance of triage systems in emergency care: a systematic review and meta-analysis." *BMJ open* 9.5 (2019):

e026471.<u>https://bmjopen.bmj.com/content/9/5/e026471?int\_source=trendmd&int\_medium=cpc&int\_campaign=usag</u> e-042019

AAU Health Sciences Library Institutation Repository of Postgraduate Projects: <u>http://etd.aau.edu.et/handle/123456789/218</u>



## Extra reading

Triage in a pandemic,

https://blogs.bmj.com/bmj/2020/03/09/covid-19-triage-in-a-pandemic-is-even-thornier-than-you-mig ht-think/

Kahn, Christopher A., et al. "Does START triage work? An outcomes assessment after a disaster." *Annals of emergency medicine* 54.3 (2009): 424-430. <u>https://escholarship.org/content/qt89p3t51j/qt89p3t51j.pdf</u>

Systematic review of triage system performance: <u>https://bmjopen.bmj.com/content/9/5/e026471.full</u>

SATS training videos and introduction to triage <u>https://emssa.org.za/special-interest-groups/the-south-african-triage-scale-sats/</u>

